



Resources for Men

The books listed are helpful in gaining a better understanding of sex therapy, sexual health, and or couples. *Note: This is not a complete list of all the books and resources, but rather a good starting point.*

- ❑ Gambescia & Weeks. 2000. Erectile Dysfunction: Integrating Couple Therapy, Sex Therapy, and Medical Treatment
- ❑ Kerner. 2010. She Comes First: The Thinking Man's Guide to Pleasuring a Woman
- ❑ Crowder, A. 1995. Opening the door: A treatment model for therapy with male survivors of sexual abuse. NY: Guilford Press
- ❑ McCarthy. 2007. Men's Sexual Health
- ❑ Metz & McCarthy. 2004. Coping With Premature Ejaculation: How to Overcome PE, Please Your Partner & Have Great Sex
- ❑ Metz & McCarthy. 2004. Coping with Erectile Dysfunction: How to Regain Confidence and Enjoy Great Sex
- ❑ Zilbergeld, B. 1999. The New Male Sexuality. Little, Brown and Co., Boston, MA.
- ❑ Blank, T. O. (2005). Gay men and prostate cancer: Invisible diversity. Journal of Clinical Oncology, 23, 2593-2596.
- ❑ Wall, D., Kristjanson, L. (2005). Men, culture and hegemonic masculinity: Understanding the experience of prostate cancer. Nursing Inquiry, 12, 87-97.

