



Books about Parenting Adopted Children

These books have been recommended by highly regarded sources and I have reviewed them as well. *Note: This is not a complete list of all the books and resources, but rather a good starting point.*

A. Books about Parenting Adopted Children (with challenging behaviors)

- ☐ Beyond Consequences, Logic and Control: A Love based Approach for Helping Children with Severe Behaviors Vol. 1 and Vol. 2 - by Heather Forbes and B. Bryan Post
- ☐ From Fear to Love: Parenting Difficult Adopted Children - by B. Bryan Post
- ☐ The Great Behavior Breakdown - by B. Bryan Post
- ☐ The Primal Wound -by Nancy Newton Verrier
- ☐ 20 Things Adopted Kids Wish Their Parents Knew -by Sherrie Eldridge (an adoptee herself)
- ☐ 20 Things Adoptive Parents Need to Succeed -by Sherrie Eldridge (an adoptee herself)
- ☐ Dr. Bruce Perry's (ChildTrauma Academy) work.

B. Books on Parenting

- ☐ Attachment Focused Parenting - by Daniel Hughes (Playfulness, Love, ACCEPTANCE, Curiosity, EMPATHY)
- ☐ Parenting from the Inside Out - by Daniel Siegel
- ☐ Confident Parents Remarkable Kids - "Connective Parenting" - by Bonnie Harris

