



## Mental Health Bibliography

The books listed are helpful in gaining a better understanding of sex therapy, sexual health, and or couples. *Note: This is not a complete list of all the books and resources, but rather a good starting point.*

- ❑ Stare & Fernando.2019. Black American Men's Treatment Experiences in Mental Health Court: A Phenomenological Analysis  
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- ❑ Suicide Rates in every state  
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- ❑ Verde, S. & Reynolds, P. 2018. I Am Human: A Book of Empathy
- ❑ Flores, P. 2011. Addiction as an Attachment Disorder
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- ❑ Bacon, L. 2010. Health At Every Size: The Surprising Truth About Your Weight
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